

2022



ACTIVITY GUIDE



JANUARY 17th - 21st

All content in this Activity Guide and additional resources/activity ideas were adapted from www.glsen.org/no-name-calling-week.

No Name-Calling Week

Monday – Friday | January 17th – 21st

No Name-Calling Week (NNCW) was inspired by a young adult novel entitled *The Misfits* by popular author, James Howe. The book tells the story of four best friends trying to survive the seventh grade in the face of all too frequent taunts based on their weight, height, intelligence, sexual orientation, and gender expression.

Motivated by the inequities they saw around them, the “Gang of Five” (as they are known) created a new political party during student council elections and ran on a platform aimed at wiping out name-calling of all kinds. The No-Name Party, in the end, won the support of the school’s principal for their cause and their idea for a “No Name-Calling Day” at school.

The No Name-Calling Week Coalition organized an actual No Name-Calling Week in schools across the nation in 2004. The project seeks to focus national attention on the problem of name-calling in schools, and to provide students and educators with the tools and inspiration to launch an ongoing dialogue about ways to eliminate name-calling in their communities.

Stay SAFE

If you are being called names or bullied, remember the 4 ways to stay **SAFE**

Say What You Feel: Tell the person who is bullying you or calling you names the way their actions make you feel.

Ask for Help: Sometimes you can’t handle the situation yourself, and it’s ok to ask for help. Find a teacher or other school staff member to talk to.

Find a Friend: Hanging out with people who make you feel good about yourself is important, and the person calling you names might think twice before picking on you when you’re with your friends.

Exit the Area: While it may feel like you aren’t doing anything at all, sometimes walking away from someone who is picking on you is the best way to end things.

"I AM" SELFIE SIGN



I AM

COMPLEX · DORK · STRONG · RESILIENT · ASIAN
GENTLE · PASSIONATE · SOFT · PROUD · SWEET
SOFT · PROUD · SWEET · BROWN · LATINX · CHILD
BLACK · QUEER · NERD · NON-BINARY · FAT · IMMIGRANT · LEARNER
DIFFERENT · SILLY · MENTALLY ILL · TRANS · FEMME · LABEL-LESS
SIBLING · CHILD · DISABLED · OUTSPOKEN · LOUD · ANIMAL LOVER
RELIGIOUS · MASC · PLANT LOVER · AUTHENTIC · POWERFUL
EMOTIONAL · ENOUGH · CHANGING · NATIVE · BISEXUAL · LOVING
MULTIRACIAL · FLUID · SURVIVOR · CONFIDENT · BEAUTIFUL
EMPOWERED · BOI · PANSEXUAL · ASEXUAL · ACTIVIST · ARTIST

NNCW PLEDGE



CELEBRATE KINDNESS

I _____ believe that bullying and calling other students hurtful names is wrong. I pledge to do my best to:

- ✓ Not bully other students or call them hurtful names.
- ✓ Intervene, if I safely can, in situations where students are being called names.
- ✓ Support efforts to end bullying and name-calling.

If you are being called names or bullied, remember the four ways to stay SAFE:

SAY WHAT YOU FEEL: Tell the person who is bullying you or calling you names the way their actions make you feel.

ASK FOR HELP: Sometimes you can't handle the situation yourself, and it's ok to ask for help. Find a teacher or other school staff member to talk to.

FIND A FRIEND: Hanging out with people who make you feel good about yourself is important, and the person calling you names might think twice before picking on you when you're with your friends.

EXIT THE AREA: While it may feel like you aren't doing anything at all, sometimes walking away from someone who is picking on you is the best way to end things.

nonamecallingweek.org

ACTIVITY IDEAS

1. **GLSEN "I AM" Selfie Sign:** Students will reflect on their own identity. Students can show they're against name-calling by sharing the names they want to be called. [Access Selfie Sign here.](#)
2. **GLSEN No Name-Calling Week Pledge:** Discuss how students can practice staying "SAFE" within the school campus and sign the No Name-Calling Week Pledge. [Access pledge here.](#)
3. **"Labels" Bulletin Board:** Divide a bulletin board into two sections, labeling one section "I want to be called" and the other section "I don't want to be called." Ask students to identify the names and words that feel good to them (for example, their own name, a nickname they like, "champ" or "buddy"), and the names and words that don't feel good (for example, their name mispronounced, a nickname they don't like, "loser" or "jerk"). Students will write those names/words/labels on post-its and stick them to the sections of their preference.
4. **What's In a Name? Contest:** Host a "What's in a Name?" essay or poem contest. Suggest such topics as feelings about name-calling, what to do when you are called a name, teaching people how you want to be treated and what your name means to you.
5. **GLSEN's Tweet Advice on Putting #KindnessInAction at School:** Encourage students to come up with advice for your school to help put #KindnessInAction at your school in 140 characters or less. [Access examples here.](#)
6. **GLSEN Learning Empowerment & Self-Identification Lesson:** Students will learn the power of self-identified labels and identities they would like to be called. The lesson encourages students to have a discussion on the impact of labels, the idea of consent as applied to labels and generate examples of positive labels. [Access lesson here.](#)

If you see something, say something.

In an emergency, call 911 immediately. To submit a safety concern that is not urgent, you can do so confidentially or anonymously. Help identify and intervene with at-risk individuals BEFORE they hurt themselves or others by reporting non-urgent threats, harassing behaviors, illegal activity (vandalism, theft, the sale of drugs), as well as information about planned crimes.



FortifyFL

Go to www.getfortifyfl.com to submit a tip online or download and use the app. Your tip can be anonymous or confidential and will immediately reach law enforcement and Broward Schools.



Broward Schools Online Tips

Go to www.browardschools.com/SecurityTips to submit an anonymous or confidential tip online.



Broward Schools 24/7 Tipline

Dial 754-321-3500 to submit an anonymous or confidential tip online. The phones are available 24 hours a day, 7 days a week.



Broward Schools Email for Tips

Submit a confidential tip by emailing SecurityTips@browardschools.com.

